



# Naples Gulf 7 days







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## SEVEN DAYS LUXURY YACHT CHARTER CRUISING NAPLES GULF FROM AND TO NAPLES

### DAY 1

At midday, the crew of your luxury yacht will be in the *Port of Naples* waiting to welcome you on board. Spend an hour cruising slowly down the coast to **Positano**, a small town on the Amalfi Coast. From the water, you get the best view ever of Positano and the incredible engineering genius of the architecture. Enjoy lunch onboard the yacht at anchor from the aft deck with this magnificent backdrop. You can also choose to spend time sunbathing, snorkeling and swimming in *Li Galli Bay*. Late noon go ashore and explore the myriad of streets and shops in **Positano**. The main part of the city sits in an enclave in the hills leading down to the coast. Positano was a prosperous port of the *Amalfi Republic* in the 16th and 17th centuries but by the mid-19th century the town had fallen on hard times. More than half the population migrated, mostly to the United States of America. Positano was a relatively poor fishing village during the first half of the 20<sup>th</sup> century whilst she's now one of the pearls of the Mediterranean, a must see once in a lifetime. Have dinner onboard your yacht anchored in the breathtaking frame of the Positano bay or choose one of the many nice restaurants such as "*La Rada*", a terrace perched over the sea that becomes a club with live music at night. Overnight at anchor in Positano.





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## DAY 2

After breakfast onboard move around to **Amalfi**, about 10 miles away. If you're interested in scenic beauty and culture, you may wish to take a half day tour up to **Ravello**. Ancient medieval town, known worldwide for its history, for its valuable monuments, for the magic of its landscapes and its aristocratic villas. Land of enchantment, as well as it was described by the most illustrious travelers of every time who elected it to "homeland of the spirit". Only by visiting Ravello is given to live great magical amazement! (Giovanni Boccaccio).

The slow uphill drive along a very narrow road passing several wineries and olive factories etc, leads to Ravello, a rural village unspoilt by tourism, perched on top of the mountain cliff situated above Amalfi and Minori. Ravello, being famous for its breath-taking views, natural beauty and ancient monuments are presented at their best in the gardens of *Villa Cimbrone* and *Villa Rufolo*. In high season, these gardens are rich in sweet scents of blooming flowers, shadows of flora and sweet smell of lemons.

Apart from the main cathedral and a history museum constructed under the cathedral, there are many other churches to visit given that there used to be a total of over 13 churches in the village. Along the narrow arcade of Via Roma one will find a few small boutiques, and scattered around the vicinity are some traditional local restaurants with a cuisine quite different from those close to the sea; *Cumpà Cosimo*, *Da Salvatore*, *Villa Maria*, *Villa Amore*, etc, are all exceptional.

Alternatively, enjoy relaxing late breakfast onboard your yacht and explore a little of the cobbled streets of Amalfi before heading off to the world famous **Island of Capri**, about 18 miles cruise from Amalfi. Docked right in the middle of the action, Capri Port is both charming and elegant. Perhaps a late lunch at Hotel Quisisana (one of Europe's top 50 hotels) is on the agenda today. Alternatively, a must do could be having lunch onboard the yacht anchored in the Faraglioni Bay. Then swim and have fun in the water....







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Explore the town, but make sure to stop at a café and enjoy the “see and be seen” life that defines life on Capri. This evening, you may wish to enjoy *Il Riccio Restaurant* facing the sea or *Villa Verde* in the centre of Capri as casual dining option. Night in *Taverna Anema e Core* is strongly recommended. This quirky bar is a must-see place which opens around midnight every evening. *Anema e Core* is always buzzing with famous people and international stars in the summer. One of the great pulls of this restaurant is the friendly owner, who plays his guitar together with the band. His quick-wit often leaves superstars on the spot with his customized funny songs, which he makes up and then sings to the VIPs attending the evening. The audience always joins in and often the VIPs sing into the microphone with him and his band. [www.anemaecore.com](http://www.anemaecore.com) Night in *Marina di Capri*.



### Day 3

The early risers may wish to take the yacht's tender to explore the famous **Blue Grotto**. A perfect blue hole nestled in a cave. Don't leave too late though otherwise you'll be smothered in tourist boats. Leave the port but not Capri and cruise around to the sheltered anchorage at Ana Capri. Some may wish to head ashore to explore some of the sites of Capri or take a gondola ride up the hillside for spectacular panoramic views of the area. Return to the yacht for a long lunch at anchor. Spend the afternoon relaxing in the sun on your yacht; swimming; playing on the toys or snoozing. Your crew will take you ashore by tender for an evening out. Tonight you might like to try *L'Olivo* - in the hotel Capri Palace in Anacapri. They serve a fusion between international and Mediterranean cuisine. Night at anchor in *Marina Piccola, Capri*.



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## Day 4

Enjoy your breakfast onboard and leave Capri cruising towards **Sorrento**, about 12 miles far. The Sorrentine Peninsula is home to beautiful beaches and hidden coves besides the lively and charming town of Sorrento. Cruise around the *Natural Reserve of Punta Campanella* and *Li Galli Islands*, visit the deep blue water bay of Nerano and, at night, head to Sorrento for a city tour and an unforgettable bowl of “gnocchi alla sorrentina”; we suggest you *L'antica Trattoria* for a typical and solid meal or the Michelin starred “*Il Buco*” for a gourmet dining experience. End your night with a walk along the lively Corso Italia and don't miss a shot of the delicious Limoncello. Night in *Marina di Sorrento*



## Day 5

Enjoy breakfast at anchor and a swim before departing for the small island of **Procida**. This is a volcanic island with great natural beauty and a rugged coastline. Upon entering Procida's harbor you can admire the port in all its splendid - a kaleidoscope of colors and embattled mansions. After swimming, snorkeling and sunbathing during the afternoon spend some time before dinner exploring the port town. Haven dinner in one of the many small restaurants of Procida, probably the less contaminated by tourism. Night in marina di Procida







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## Day 6

After breakfast, set sails to **Ischia** island – very famous for its healing spa waters. One of the best is *Negombo*, located in a beautiful bay with private beach and different temperatures swimming pools together with a beauty center where you can enjoy a range of treatments. Spend time at anchor swimming under the **Castello Aragonese** and go for a walk and a drink in Ischia Porto. This evening, head out to *Restaurant “Umberto a mare”* in *Forio* and find nightlife in Ischia Ponte “da Valentino” music bar. Anyway Ischia Island is plenty of healing spa waters and a stop with your yacht on the *Sorgeto bay* could be a real tip. Sorgeto features natural healing waters pools where you can bath and enjoy the natural wellness. You can overnight docking at one of the four marinas in Ischia: *Ischia Porto, Lacco Ameno, Sant’Angelo or Casamicciola*



## Day 7

Awake aboard your yacht at leisure and enjoy a relaxing morning at sea maybe swimming under the **Castello Aragonese** before embarking on a short overland tour of Ischia. Stop at *Pietratorcia wineyard* where you can taste the wine and sit down under the cool pergola. Continue onto the typical trattoria „Il Focolare” if your mood is casual or the Michelin Star restaurant “*Dani Maison*” if you prefer a special experience for your tasting buds. Spend noon at sea and head out for dinner to the fashionable seaside *San Angelo* town in the South of the Island and enjoy the wonderful sunset view from Maronti beach. The small marina di Sant’Angelo is filled with dockside restaurants, cafés and some boutique shops. Night in Ischia, *Lacco Ameno Marina*.



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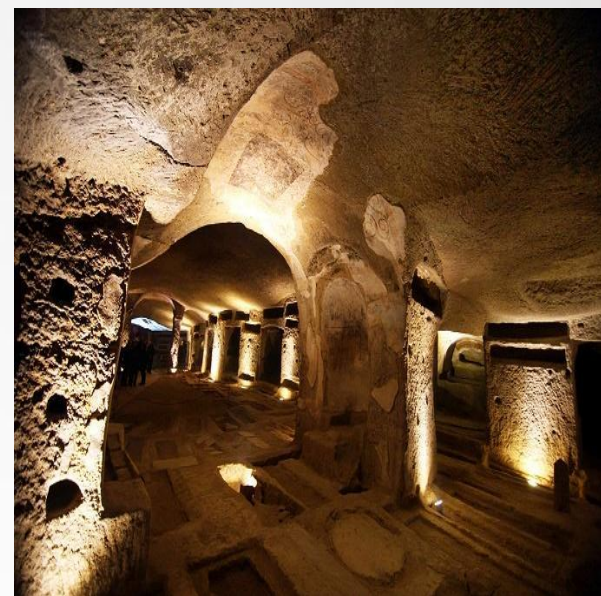
## Day 8

Back to **Naples** after a long breakfast and swim in Ischia under the *Castello Aragonese*. Arrival in Naples at 12.

In case your flight schedule allows you to spend a bit of time in Naples, have lunch “*Da Cicciotto*”. This restaurant is located in Naples, overlooking the stretch of sea between *Mergellina* and the small Island of *Nisida*. The breathtaking view from the terrace incorporates the *Vesuvio Vulcan* (Mount Vesuvius) along with the rest of the Naples’ Gulf. The restaurant’s specialty is raw fish and a further famous personal recipe is the “*Gamberoni incatenati*”, literally “chained prawns”, fried skewers of rolled spaghetti covering a big prawn. Just two minutes walk from *Cicciotto*, guests can see the romantic “*Fenestrella di Mare Chiaro*” a simple window which is part of the *Neapolitan* tradition; Neapolitans say that the lovers kissing under that window, will remain together forever. [www.trattoriadacicciotto.it](http://www.trattoriadacicciotto.it)

For those interested in history, a visit to **Pompei and Ercolano** is a must. These cities, buried by the volcanic eruption of Vesuvius, have remarkable antique preserves. The observation of amphitheatres, triumphal arches, villas, bridges and tombs of the Roman Imperial Age are all possible during a fascinating day on shore.

Less known but equally enchanting is “*Napoli sotterranea*” (Naples underground). Forty meters below the characteristic and lively streets of the historic centre of Naples, you find a different world, unexplored, isolated by time, but deeply connected with the world above. It’s the heart of Naples, and the place from which the city was born. To visit it is to travel to the past, a world 2400 years old. Every historic epic, from the foundation of Neapolis, to the bombs of WWII, has left its mark on the walls of Naples.



*\*The itinerary is flexible according to guests requirements and weather conditions*

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